

Confidence to live at home in old age, knowing that help will be there if it is needed.

Age of person being monitored: 86

Vulnerability: Ageing and living alone, occasional dizzy spells and hearing loss

Property/dwelling type: Modest bungalow

Monitoring technology used: Main Sensor, 2 additional Room Sensors, Door Sensor

Overview

Mrs R is 86-years old and lives alone in a modest bungalow. Although she is very capable for her age, she occasionally suffers from dizzy spells and hearing loss. Mrs R's daughter Mrs J lives just five miles away from her but since she was widowed five years ago, she has worried about her wellbeing.

Mrs J wanted a way of knowing that her mother is well, following her normal routines or whether or not she has had visitors or spent the day alone. She also wanted to be able to look out for typical signs of health problems arising, whether she is sleeping OK, getting up in the night and if so, how many times. Although Mrs J needed this information for her own peace of mind, she did not want to continuously bombard her mother with all of these



intrusive questions and diminish the quality time that they spent together.

Mrs J installed a TextCare system in her mother's home, with the main sensor positioned in the kitchen, additional room sensors in the hallway and living room, together with a door sensor on the front door.

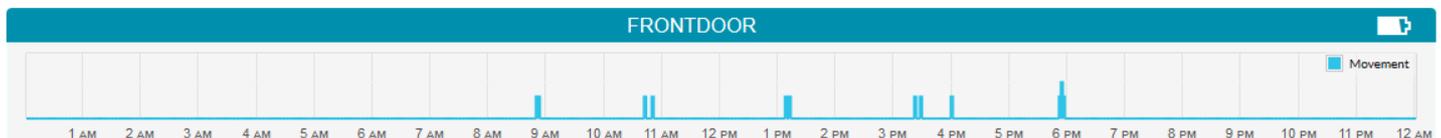
Results

By looking at the graphs on her Online Portal, Mrs J has been able to see what happens throughout her mother's day and establish a pattern of routine behaviour. Should anything be atypical, Mrs J will either call or visit her mother to check what the situation is.

Mrs J set up text message alarm conditions to help identify any changes from her mother's usual routine.

For example, Mrs R always likes to be up early and visit the shop for her paper and a few groceries, so Mrs J set the following alarms:

- Front door opening between the hours of 7-10AM
- Front door not opening between the hours of 7-10AM



Impact

By looking at the graphs on her Online Portal, Mrs J has been able to see what happens throughout her mother's day and establish a pattern of routine behaviour. Should anything be atypical, Mrs J will either call or visit her mother to check what the situation is.

Mrs J set up text message alarm conditions to help identify any changes from her mother's usual routine.

"I have setup TextCare so that I receive a text each morning telling me the door has been opened, i.e. I know Mum has most likely gone to the shop.

On the odd occasion the door has not been opened, my husband receives the text so we know there is a possible problem. Often the cause has been the weather, but we know to check."

Mrs J, daughter of Mrs R.